



Program: Social Skills for Kids

A program for children who have been identified as needing a helping hand with their Social Skills. The facilitators work alongside the children providing guidance, encouragement and support to enhance their social skills to provide tools and assist them in feeling more confident when interacting with their peers. This fun and engaging program uses various methods of therapeutic interventions which include:

- Art Therapy
- Strengths Based Therapy
- Psycho education
- Emotional Focused Therapy
- Expressive/Art Therapy
- Interactive Learning
- Group conversation/sharing

Who is the Target: Primary School age (Can be adapted for older children)

Outcomes: Build social skills, build their resilience, discovering their strengths and embracing their individual uniqueness.

Group Work: Yes

Duration of Session: 2 X 5.5 hours (2 days) (can be adapted to x 4 weekly sessions)

How many sessions: 2

How many participants maximum and minimum per group: 12

Cost: Through negotiation

What is required from schools? Venue

To enquire further or make a booking please phone Donna Mahoney on 0414 480 934 or email adminteam@innatetherapies.com