



Program: Taking charge of bullying

A 2 hour workshop for parents who want to learn more on how to build resilience within their children against bullying or for parents whose children are experiencing bullying. The workshop covered the following topics:

- What is bullying
- What is not bullying
- Myths about bullying
- What causes bullying
- Signs of bullying
- Your feelings as a parent
- How not to react
- How to address bullying
- Understanding your school's response
- How to work with the school around bullying

Who is the Target: Parents/Carers

Outcomes: Education and support around bullying

Group Work: Yes

Duration of Session: 2 Hours

How many sessions: Single

How many participants maximum and minimum per group: Open

Cost: \$ 450.00

Includes

- 2 hour Information sessions
- Two facilitators (In case a parent/carer is triggered by the session)
- Administration costs
- Course resources

What is required from schools? Venue

To enquire further or make a booking please phone Donna Mahoney on 0414 480 934 or email adminteam@innatetherapies.com