



## Program: Peer Skills

Peer Skills recognises that young people do a lot to support their friend and peers. The two day workshop builds on the great work that they already do, giving the participants a chance to increase their skills, to think and assist their peers.
<b>Who is the Target:</b> Children 11 - 12
<b>Outcomes:</b> Have a great understanding of self and others and have the confidence to support a friend/peer in need.
<b>Group Work:</b> Yes
<b>Duration of Session:</b> 5.5 hours
<b>How many sessions:</b> 2
<b>How many participants maximum and minimum per group:</b> 12
<b>Cost:</b> Through Negotiation <b>Includes</b> <ul style="list-style-type: none"> <li>• 2 x 5.5 hour face to face sessions</li> <li>• Two facilitators</li> <li>• Administration costs</li> <li>• Course resources</li> </ul>
<b>What is required from schools?</b> Venue, referrals, registrations

To enquire further or make a booking please phone Donna Mahoney on 0414 480 934 or email [adminteam@innatetherapies.com](mailto:adminteam@innatetherapies.com)