



Program: Grief & Loss

A program for children who have experienced loss in their lives and are finding it difficult to move through the grief. This program teaches children that it is ok to feel sad and gives them tools to use to help them come to terms and move through the grief they are experiencing.

This program is delivered through various methods of therapeutic interventions including:

- Strengths Based Therapy
- Psycho education
- Emotional Focused Therapy
- Expressive/Art Therapy
- Interactive Learning
- Group conversation/sharing

Who is the Target: Children

Outcomes: For the child to be able to accept their grief, process and move through it using safe and effective tools.

Group Work: Yes

Duration of Session: 6 x 2 Hours

How many sessions: 6

How many participants maximum and minimum per group: 10

Cost: Through negotiation

Includes

- 6 x 2 hour face to face sessions
- Two facilitators
- Administration costs
- Course resources
- 6 hours school/teacher/parents liaison time

What is required from schools? Venue, registrations, referrals

To enquire further or make a booking please phone Donna Mahoney on 0414 480 934 or email adminteam@innatetherapies.com